



Vasectomy with Anesthesia Instructions

If you develop symptoms of fever, cold or sore throat before your treatments, please notify your physician.

On the day of your procedure, you must shower and shave the scrotal area.

Fasting will be required the night prior to and the morning of the procedure if you are having anesthesia. Please follow the instructions that are given to you by the anesthesiologist.

The morning of your treatment, **DO NOT EAT OR DRINK ANYTHING. DO NOT CHEW GUM OR CANDY.** Take all routine medications with a sip of water.

Do not ingest any alcohol for 24 hours before your treatment.

Do not take any aspirin or blood thinning products (including Ibuprofen, Advil, Motrin, Aleve, Orudis, Naprosyn, etc.) two (2) weeks prior to treatment. Be sure to check with your physician for instructions regarding any prescription medications you are taking. If you are taking any anticoagulant medications such as Coumadin, please contact the physician who prescribed it to you for instructions.

Please do not bring money or valuables with you. Wear loose-fitting clothes (i.e. no tight jeans).

Please report on time on the date and time given to you. If you arrive late, your appointment may be rescheduled.

Make arrangements for a family member or friend to accompany you while you're here, and to drive you home. **YOU WILL NOT BE ALLOWED TO DRIVE.**

For most procedures, plan to stay approximately 1 to 1 1/2 hours.

Please do not bring more than two (2) people with you.

Limited activity is required for a minimum of 48 hours after the procedure, and possibly longer.

Call your medical physician's office and make an appointment with him or her to obtain the necessary clearance for anesthesia if this is required.

If you have any questions regarding these instructions, or develop any unexpected complications after the procedure, please notify your physician.

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This procedure is done under anesthesia, and you will need to have testing done prior to the procedure. These tests include: Blood work (CBC, Comprehensive Metabolic) and an EKG (if you are over 40). These need to be done one to two weeks prior to the procedure.

If you have any questions, please call the office at 845.452.8730.