

Installation of BCG into the Bladder

You are about to receive medication into your bladder. This is done by inserting a catheter into the opening of your urethra, then into the bladder. When the catheter is in the bladder, medication (BCG) will be passed through the catheter into the bladder. This is called bladder instillation. The usual course of treatment is once a week for six (6) weeks. Treatment may be postponed depending on urinalysis.

Before Instillation

Please be on time for your instillation treatment.

Do not drink fluids for at least two (2) hours before you receive your treatment.

Inform your doctor if you have felt feverish, tired, or had chills since your last treatment, or if you have been urinating any bright red blood before your installation.

Empty your bladder just before the instillation and give urine specimen to the nurse to check.

During Instillation

The medication will be instilled into your bladder through a catheter.

In most cases, the catheter will be removed from the bladder after the instillation is completed.

The medication should be retained in your bladder for two (2) hours to obtain the best results.

After Instillation

You should change positions several times once you get home. Ideally, you should reposition from left side to right side and also lie on your back and abdomen, changing these positions every 15 minutes to maximize bladder exposure to the medication for the first hour.

After retaining the medication in your bladder for two (2) hours:

Sit down on the toilet to urinate and fully empty your bladder.

After urinating, pour two (2) cups of household bleach (Clorox or equivalent) into the toilet for 15-20 minutes before flushing.

continued

Repeat the above process each time you urinate for six (6) hours after each treatment.

Wash your hand and genital area thoroughly after you urinate.

Drink plenty of fluids after your instillation to flush your bladder.

Until Your Next Instillation

You may experience some burning with voiding after your treatment. If this occurs, increasing your fluid intake may minimize symptoms.

Call your doctor (845.452.8730) if you experience continued pain or burning upon urination, or if you experience the following:

- Urgency
- Frequency of urination
- Bright red blood or blood clots in the urine
- Joint pain
- Coughing
- Skin rash
- Fever
- Chills
- Malaise (feeling of discomfort)
- Increased fatigue
- Flu-like symptoms

If you have questions, please call us at 845.452.8730. In a medical emergency, call 911.